

REGISTRATION:

West African Arts & Cultural Adventure

with Maputo Mensah, Doe Mensah and Simon Amissah Annoh

Name _____

Address _____

City _____ State _____ ZIP _____

Country _____

Phones:

Home _____

Work _____ Cell _____

Email _____

Amount enclosed:

Deposit \$ _____ due Saturday, May 17, 2026 Full

payment \$ _____ due Saturday, June 14, 2026

In case of emergency, notify:

Name _____

Relationship _____

Home _____ Work phone _____

SPICY ~ If your life is tough,
almost too hot to handle,
you are definitely spicy!

Hot, well-seasoned food or drink
makes you spicy, too.

Spicy!

JUICY ~ If you have
your life together,
moving on joyfully, you are juicy!
Nice, cold juice cools down that
spicy meal, making you very juicy!

Juicy!

Everyone is Welcome on the

**2026
Ghana**



Summer Adventure!

West African Arts & Cultural Adventure

July 2, 2026 - August 3, 2026

Four weeks* \$2,700* plus air fare

*Contact Maputo if you need to shorten or extend your visit.

Fee Schedule:

One Week

* Students: \$1,300.00

* Non-Students: \$1,500.00

Two Weeks

* Students: \$1,800.00

* Non-Students: \$2,000.00

Three Weeks

* Students: \$2,100.00

* Non-Students: \$2,300.00

Four Weeks

* Students: \$2,700.00

* Non-Students: \$2,900.00

Children: Under 10 years - free

10 to 15 years old - \$1,500.00 for four weeks

\$1,000.00 two weeks

Fees based on double occupancy; single supplement: one week - \$100;
two weeks - \$200; three weeks - \$300; four weeks - \$400.

Experience for yourself the wonder and beauty of Ghana's arts, culture and people. Travel Leader/Director Maputo Mensah, master drummer/dancer and native of Ghana, will escort you throughout to ensure your enjoyment and safety. Assistant Travel Director Doe Mensah, professional master drummer, Simon Amissah Annoh, experienced language teacher, and guest lecturer Mustafa Teddy Addy of international musical acclaim complete the Travel team.

Enjoy drumming and dancing classes every day you are not traveling with special instruction by Maputo Mensah once each week. Lessons in Ga are also taught daily.



*If you can talk
you can sing,*

*If you can walk
you can dance!*



- **Cape Coast:** Tour the slave castles of Ghana and learn how slavery began and ended. Experience the emotional walk to and from the Door of No Return.
- **Kakum National Park:** One of the biggest national parks in the country with a breath-taking canopy walk - one of only three in the world. Stroll six stories or more above the floor of the rain forest and look down if you dare.
- **Tafi Atome Monkey Sanctuary:** The beautiful Volta Region of Ghana hosts the most famous monkey reserve in the country. The monkeys are very friendly and tourists may feed them by hand. So don't show up empty-handed; buy a few bananas ahead so you won't disappoint the monkeys.
- **Wli Water Fall:** The Volta Region also has the longest water fall with a pool at the bottom that is safe for swimming. Bring your swim suits!
- **Local Language-Ga:** You may take a Ga language class, spoken locally by the Gas in Accra, the Capital City of Ghana.
- **Carving & Making of Drums:** Visit the drum shop to see how drums are crafted. Speak with the craftsmen and purchase your own personal drum.
- **Batik, Tie and Dye:** Create original pieces to take home from your batik, tie and dye classes.
- **Drumming & Dancing:** Spicy, juicy, fun! No experience required: If you can talk, you can sing; if you can walk, you can dance! And if you can clap your hands, you can drum! Let yourself go and have the time of your life in these native-taught classes.
- **Makola Market and the National Cultural Center:** Bustle and jostle, bargain and buy. Then learn about Ghana's history and admire her multi-regional arts and crafts at the Cultural Center.
- **Visit Kumasi:** One the biggest cities in Ghana with the biggest market. Lots to see and do.
- **Visit Private Families and Village School:** Participate in the traditional welcome ritual; see the resourcefulness of families in their daily lives; meet children to whom education is everything; chat, smile and laugh with everyone.

We are offering a special, three-day workshop for you to learn about the correct use and healing properties of natural herbs. Plus, we will be working on the much-needed Akpe Cultural Center while we are there.

In order to travel safely, be sure you are up to date with all necessary vaccinations for yellow fever and other diseases and have preventive medication for malaria. For information, contact The Center for Disease Control Travelers' Health Automated Information Line at 877-FYI-TRIP toll free (information on ordering the Yellow Book and International Certificates of Vaccination and recorded messages on travel-related health topics) or www.cdc.gov/travel.

Be sure to talk to your health care provider as well.



Itinerary and Financial Arrangements

- Leave Denver on July 2, 2026; arrive Ghana July 3.
 - Stay four weeks.*
 - Leave Accra on August 2, 2026; arrive in U.S. August 3, 2026
 - Cost of student four week stay - \$2,700*
Cost of non-student four week stay: \$2,900 plus air fare and personal spending.
 - Includes - entry fees to all sites, meals, bottled water, lodging, transportation in country.
- \$200.00 discount to the first four people to submit their deposit before April 26!**

IMPORTANT:

We **must travel as a group** to obtain the lowest fares. To purchase your tickets to Accra, contact Cynthia Cerrone at 1.954-947-2934/1-866/482.8721 or Cynthia.Cerrone@missionnation.com. Reference **July 2025 Ghana trip with Maputo Mensah** for group arrangements. Be sure to inquire about current bag/weight allowances.

You need to make your own air travel arrangements to Accra, Ghana. You will be met at the Accra airport and taken to your lodging. You must place your deposit for this trip with Maputo Mensah by May 17, 2026.

Due Dates for Payments:

Deposit: - \$1,500 received by Saturday, May 17, 2026.
Balance in full - Received by Saturday, June 14, 2026.
(Amount will vary depending on length of stay)

Cancellations:

Up to and including Friday, May 24, 2026, it is \$700 to cancel.
Starting Tuesday, June 3, 2026, it is a \$1,100 cancellation fee.

Checks or money orders should be made payable to: Maputo Mensah
1108 Elysian Field Drive, Apt. C
Lafayette, CO 80026

You need a passport and Tourist Visa to enter Ghana. Allow plenty of time (at least 4-6 weeks) to obtain these documents.

For more trip information, contact Maputo Mensah at 720.280.2242, maputomensah@gmail.com, or visit our site at www.akpeculturalcenter.com

